



**MOM CHEF** Catering



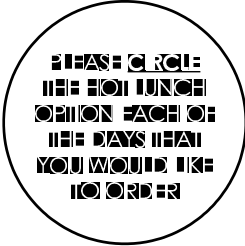
**Cambridge**

# JUNE CAMP ORGANIC LUNCH MENU




Cost \$7.00 per day

PLACE MONTHLY ORDERS BY THE 15<sup>TH</sup> OF THE MONTH IN ADVANCE OF THE MONTH WANTED.

DEADLINE TO ORDER WEEKLY IS BY WEDNESDAY MORNING IN ADVANCE OF THE WEEK WANTED.



**Regular and Vegetarian Menus AVAILABLE at the Front Desk**

Monday, June 14	Tuesday, June 15	Wed., June 16	Thursday June 17	Friday, June 18
Mac & Cheese, Vegetables, Fruit  Organic Milk__ or Water__	Grill Chicken, Rice, Vegetables, Fruit Organic Milk__ or Water__	Meat Loaf, Mashed Potato, Veggies, Fruit Organic Milk__ or Water__	Chicken, Black Beans, Rice, Fruit  Organic Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, June 21	Tuesday, June 22	Wed., June 23	Thursday June 24	Friday, June 25
Beef Stew, Rice, Vegetables, Fruit  Organic Milk__ or Water__	Pasta Marinara, Veggies, Fruit Organic Milk__ or Water__	Ground Turkey, Mashed Potato, Veggies, Fruit Organic Milk__ or Water__	Chicken Rice, Vegetables, Fruit Organic Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, June 28	Tuesday, June 29	Wed., June 30	Thursday, July 1	Friday, July 2
Chicken Tenders, Rice, Vegetables, Fruit Organic Milk__ or Water__	Pasta with Meat Sauce, Vegetables, Fruit Organic Milk__ or Water__	Turkey Meat Balls, Mashed Potatoes, Veggies, Fruit Organic Milk__ or Water__	BBQ Chicken, Rice, Vegetables Fruit Organic Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water

Child's Name: \_\_\_\_\_ Room # \_\_\_\_\_

# of Lunches		x \$7.00 =	
		Total for Month =	\$



# JUNE CAMP VEGETARIAN LUNCH MENU

**Cost \$5.00 per day**

**DEADLINE TO ORDER WEEKLY IS BY WEDNESDAY MORNING  
IN ADVANCE OF THE WEEK WANTED.**

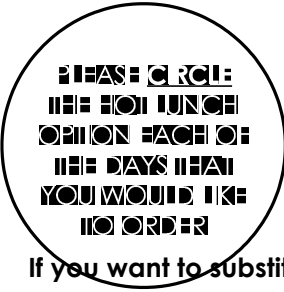
**Substitute Lunch Options:**




**B = Bagel w/Cream Cheese**

**A = Macaroni & Cheese**

**Regular and Organic Menus AVAILABLE at the Front Desk**

**If you want to substitute write the appropriate letter in the box. Mon.– Thurs. Only! No substitutes on Fridays!**



Monday, June 14	Tuesday, June 15	Wed, June 16	Thursday, June 17	Friday, June 18
Whole Wheat Mac & Cheese, Vegetables, Fruit  Soy Milk__ Water__ Substitute ____	Fish Sticks Rice, Vegetables, Fruit  Soy Milk__ Water__ Substitute ____	Vegetable Stir Fry, Mashed Potato Vegetables, Fruit  Soy Milk__ Water__ Substitute ____	Black Beans, Brown Rice, Plantains Fruit  Soy Milk__ Water__ Substitute ____	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, June 21	Tuesday, June 22	Wed, June 23	Thursday, June 24	Friday, June 25
Veggie Burger, Tater Tot, Fruit  Soy Milk__ Water__ Substitute ____	Whole Wheat Pasta Marinara, Vegetables, Fruit  Soy Milk__ Water__ Substitute ____	Grill Veggie Polenta, Vegetables Fruit  Soy Milk__ Water__ Substitute ____	Lentil Stew, Rice, Vegetables, Fruit  Soy Milk__ Water__ Substitute ____	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, June 28	Tuesday, June 29	Wed, June 30	Thursday, July 1	Friday, July 2
Veggie Burger, Tater Tot, Fruit  Soy Milk__ Water__ Substitute ____	Pasta Primavera, Vegetables Fruit  Soy Milk__ Water__ Substitute ____	Veggie Meat Balls, Mashed Potato, Vegetables Fruit  Soy Milk__ Water__ Substitute ____	Black Beans, Brown Rice, Plantains Fruit  Soy Milk__ Water__ Substitute ____	 Cheese Pizza, Fresh Fruit, Cookie & Water

Child's Name: \_\_\_\_\_ Room # \_\_\_\_\_

# of Lunches		x \$5.00 =	
		Total for Month =	\$