



JANUARY SCHOOL LUNCH MENU

Cost \$5.00 per day

+add Organic Milk for additional \$1.00

PLEASE **CIRCLE** THE HOT LUNCH OPTION EACH DAY THAT YOU WOULD LIKE TO ORDER
 DEADLINE TO ORDER LUNCHES IS BY WEDNESDAY MORNING IN ADVANCE OF THE WEEK WANTED.

SAME DAY ORDERS WILL BE SUBJECT TO AVAILABILITY.



Substitute Lunch Options:

S = Sun Butter & Grape Jelly Sandwich, Veggie Chips or Veggies & Hummus, Fresh Fruit

T = Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit

B = Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit

If you want to substitute write the appropriate letter in the box. **Mon.– Thurs. Only! No substitutes on Fridays!**

Monday, Jan. 7	Tuesday, Jan. 8	Wednesday, Jan. 9	Thursday, Jan. 10	Friday, Jan. 11
Chicken Nuggets, Tater Tots, Fresh Fruit OR Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water	Cheese Ravioli w/Tomato Sauce, Roasted Veggies, Fresh Fruit OR Beef Tacos, Brown Rice & Black Beans, Fresh Fruit Substitute____ Milk__ or Water	Lean Beef Burgers, Roasted Veggies, Fresh Fruit OR Honey Glazed Chicken w/Veggie Fried Rice Sautéed Veggies, Fresh Fruit Substitute____ Milk__ or Water__	Chicken Nuggets, Tater Tots, Fresh Fruit OR Beef Meatballs w/Tomato Sauce, Roasted Sweet Peas, Roll, Fresh Fruit Substitute____ Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, Jan. 14	Tuesday, Jan. 15	Wed., Jan. 16	Thursday, Jan. 17	Friday, Jan. 18
Chicken Nuggets, Tater Tots, Fresh Fruit OR Pasta w/Pink Sauce, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water	Cheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit OR Beef & Cheese Burrito, Black Beans, Roasted Veggies Fresh Fruit Substitute____ Milk__ or Water__	Lean Beef Burgers, Roasted Veggies, Fresh Fruit OR Grilled Cheese, Roasted Potatoes, Fresh Fruit Substitute____ Milk__ or Water__	Chicken Nuggets, Tater Tots, Fresh Fruit OR Fish Sticks, Coleslaw, Roasted Potato Wedges, Fresh Fruit Substitute____ Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water

Child's Name: _____ Room # _____



JANUARY SCHOOL LUNCH MENU

Cost \$5.00 per day

+add Organic Milk for additional \$1.00

PLEASE **CIRCLE** THE HOT LUNCH OPTION EACH DAY THAT YOU WOULD LIKE TO ORDER




Substitute Lunch Options:

S = Sun Butter & Grape Jelly Sandwich, Veggie Chips or Veggies & Hummus, Fresh Fruit

T = Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit

B = Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit

If you want to substitute write the appropriate letter in the box. Mon.– Thurs. Only! No substitutes on Fridays!

Monday, Jan. 21	Tuesday, Jan. 22	Wednesday, Jan. 23	Thursday, Jan. 24	Friday, Jan. 25
 CLOSED	Chicken Nuggets, Tater Tots, Fresh Fruit OR Penne Alfredo w/Chicken, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water__	Lean Beef Burgers, Roasted Veggies, Fresh Fruit OR Beef Sloppy Joe Sandwich, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water__	Chicken Nuggets, Tater Tots, Fresh Fruit OR Mac & Cheese, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water
Monday, Jan. 28	Tuesday, Jan. 29	Wednesday, Jan. 30	Thursday, Jan. 31	Friday, Feb. 1
Chicken Nuggets, Tater Tots, Fresh Fruit OR Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water__	Pasta w/Tomato Sauce, Roasted Veggies, Fresh Fruit OR Pasta w/Beef Meatballs & Tomato Sauce, Roasted Veggies, Fresh Fruit Substitute____ Milk__ or Water__	Lean Beef Burgers, Roasted Veggies, Fresh Fruit OR Grilled Cheese, Roasted Veggies Fresh Fruit Substitute____ Milk__ or Water__	Chicken Nuggets, Tater Tots, Fresh Fruit OR Mojo Grilled Chicken w/Beans & Brown Rice, Baked Plantains, Fresh Fruit Substitute____ Milk__ or Water__	 Cheese Pizza, Fresh Fruit, Cookie & Water

Child's Name: _____ Room # _____

For Office Use:

# of Lunches		x \$5.00 =	
# of Milks		x \$1.00 =	
		Total for Month =	\$